In the 3rd Sorrowful Mystery, we read and we meditate undisturbed:

A SYSTEMATIC CARD for the METHOD of PRAYER- ADP-VV (Compiled by the Little Friars and Nuns of Jesus and Mary)

 $(0\,11 - Sr. V.M.D.)$

"Jesus Crowned with Thorns"...

FROM THE GOSPEL ACCORDING TO - MATTHEW -:

"Weaving a crown out of thorns, [the soldiers] placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying, 'Hail, King of the Jews!'" (Matt 27:29)¹

MEDITATION ON THE MYSTERY :

Lord, we pray that the thorny worries of wealth and the prickly pleasures of life (cf. Luke 8:14) may not cause us wither away or abandon the Divine Project which Jesus has sown in the earth of our hearts! (cf. *SLC*, p. 311)

TEACHINGS FROM THE CATHOLIC CHURCH:

- In regards to sowing well in the earth of one's heart while avoiding thorns, St. John Bosco says: "The thorns on the earth represent...the human likes and dislikes which distract the educator from the true goal...of gathering crowns for eternal life."

(GIOVANNI BOSCO, Memorie, III, 35 [unpublished translation by pfsgm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

Praised be,,,O my Jesus, forgive us... - Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...

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